

Sleep

BASS20P



Flavour

Blackcurrant

Packaging

BASS20P

Sleep Sachets 8g



Nutritional Information

per 8g serving

Energy	91.99 kJ / 22 kcal
Fat	0g
- Saturated	0g
Carbohydrate	0.95g
- Sugars	0.24g
Sodium	2.14mg
Dietary Fibre	0.15mg
Potassium	0.90mg
Magnesium Glycinate Dihydrate	180mg
Zinc Citrate Dihydrate	25mg
Vitamin D3	12.5µg
Passionflower	250mg
Ziziphus Jujube Mill Seed Ext	150mg
Ashwagandha	300mg
California Poppy	250mg
GABA	400mg
Amino Acid (Glycine)	3000mg

Unique Blend of Ingredients: Combining super herbs, adaptogens, essential vitamins, electrolytes, and key minerals, it is carefully designed to address various aspects of health and recovery.

Natural Sleep Support: Body Armour Sleep is designed to help you switch off, fall asleep faster, and wake restored. Powered by a natural blend of glycine, magnesium, zinc, vitamin D, and calming botanicals like passionflower, ashwagandha, and ziziphus seed, it supports deep, restorative rest and overnight recovery. With no artificial colours, sweeteners, or flavours, it's the healthier alternative to harsh sleep aids, so you can sleep soundly and wake ready for whatever the day demands.

Clean Formula: Crafted from high-quality, carefully selected ingredients, free from artificial additives, preservatives, or fillers, ensuring a pure and non-toxic blend for overall wellness.

Recovery Support: Providing vital nutrients and adaptogens, this blend supports the body's natural recovery process, helping to reduce fatigue, muscle soreness, and stress, while promoting quicker recovery and balance.

Directions For Use

Scoop. Stir. Sleep

For best results simply mix one heaped scoop with water & drink 60 mins before bed.



Ingredients

Glycine, GABA, Ashwagandha KSM, Magnesium Glycinate Dihydrate, Zinc Citrate Dihydrate, Vitamin D3, Passionflower Herb, Ziziphus Jujube Mill Seed, California Poppy, Silica Anhydrous, Natural Blackcurrant Flavour, Citric Acid, Malic Acid, thaumatin.